

HAMIGDALOR

המגדלור



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October 2026

www.congregationAmHaYam.com

Rabbi's Words



Around my block, in my walks and bike rides, I see signs of the approaching “Holiday season”. Decorations are going up for Halloween, some stores have a “Red and Green” motif going on display and Costco is offering those super huge Pumpkin pies. But for me as rabbi, as we head into the first weekend of October, it will be the observance of Shmini Atzeret and Shimchat Torah. A time where we celebrate the completion of our Torah reading cycle and begin again. It brings to a close the Jewish Holiday season that in my mind began back in mid-summer with Tisha B’Av, leading to S’lichot, Rosh Hashanah, Yom Kippur, Sukkot and finally Shimchat Torah.

It was a real joy for me to observe and celebrate the holidays with our community. I was delighted by the attendance and our gathering together to worship and enjoy fellowship. When I get asked about CAH, I often share that for me, a bonafide highlight is our dining as a community. On Rosh Hashanah sitting together and enjoying lunch in group as a community and breaking the fast together on Yom Kippur are delights for me. (It must be said, part of that enjoyment is Judy baking for us to enjoy and my having the job of performing ‘quality control audits’ on the baking. It’s a tough job but part of what I signed up for). There are two other highlights I like to share with you, that I truly enjoyed. On Yom Kippur afternoon, we very much missed Fran Lande and her teaching. Fortunately, Rabbi Light stepped up and offered a teaching from Mishnah and Talmud tractate “Yona”, that section of rabbinic text that discusses Yom Kippur. It gave Rabbi Light and me a chance to share text and our debate about it. He and I approached the text differently and I’m delighted we got to share that debate with the congregation. The other program I enjoyed and hope others enjoyed as me, was joining with Temple Beth Torah and Rabbi Lisa Hochberg-Miller for Sukkot. So lovely being in the sukkah there, sharing worship and words of Torah. We sing in the classic Hebrew song ‘henai mah tov, shevit achim...” ... How good it is we sit together as siblings... We had the opportunity to

live that in the Sukkah, bringing together both our communities in worship, learning and sharing the tradition of our faith and our people. Being the rabbinic nerd/geek that I am, having a chance to read from one of their Torah scrolls that was made in Italy in the 1700s, was extra cool.

My thanks to Brenda Rich for her leadership, to Neal Abramson and his committee for all their efforts to ensure the holidays progressed smoothly. A shout out of thanks to Mark Rich for all the audio and live streaming work and support. To all those who took part in services, from reading torah, to ark openings and more, I'm grateful to you for your taking part. Thanks to Fran Lande for your insights and encouragements and to Rabbi Stuart Light for sharing the bima with me and being an excellent partner.

My friends, thanks for the year that pasted. Looking so forward to sharing the year to come as a community. May we live the upcoming year together in such a way that we can say at the end of it, "the world is just a bit better, just a bit brighter, because I contributed to it"...

Looking forward to the year together at CAH!

Rabbi Ron



Message From Brenda Rich



Greetings: As I usually do, for my article after Yom Kippur, I put in my appeal speech with the hope that it will reach more people who missed it and will boost the memory of those who were at services but has slipped their memory. You can also hear it on the front page of our website at www.congregationamhayam.com and donate there. After all, it's all about supporting our community. For those not at services, the appeal form is at the end of my appeal.

Another item that is really helpful for us to provide to you, our community, is for everyone who was at any of our HH Services whether live or live streamed to complete the survey you will be receiving via email.

Of course, none of this could have been done without the super efforts of Rabbi Goldberg and our fantastic volunteers.

G'mar Tov:

Most Yom Kippur appeal speeches stress the need for you to donate to the synagogue you are a member of or seating here as a guest or listening on U-Tube. And yes, you will still hear that appeal from me.

As you entered today, you received an envelope addressed to Congregation Am HaYam which holds a card with numerous fold-down monetary tabs. Please take it home and select an amount that you are comfortable donating and please mail it back. We need your help to continue offering all that we do – our Mussar classes, our continuing educational classes, our special events, Kiddushim and all that keeps our community thriving.

Now I want to continue with something that is close to my heart which I have mentioned more than once and you can help with. And that is kindness – simply being kind. And as we gather together on Yom Kippur and are given the opportunity to not only reflect on the year that has passed, but also appreciate the people and community around us.

Kindness isn't about great acts. It's about seeing each other. Really seeing each other and doing small things.

Kindness can take many forms. It is reaching out to someone who is going through a difficult time. It is welcoming a new face at services. It is volunteering when something needs to be done. It is celebrating together in times of joy and supporting one another in times of sorrow.

These acts may sometimes seem small, but together they are what make Congregation Am HaYam a community rather than simply a place where we come to worship.

This past year has given us much to appreciate, thanks to Robert Berman, of blessed memory, who left CAH his home. We have continued to improve and renovate our synagogue so that it can remain a welcoming home for us now and for the future.

And we have begun an exciting new chapter with the installation of Rabbi Ron Goldberg as our rabbi. We are grateful for his warmth, energy and leadership that he has already brought to our congregation.

None of this happens by itself. It happens because people care. It happens because people give their time, their talents and, yes, their financial support. Every contribution is an act of generosity and an investment in our community.

As I mentioned, our Yom Kippur appeal helps make possible the services, programs, education, live streaming, our website, celebrations and moments of connection that bring us together throughout the year. It also helps us maintain and improve the synagogue that we are fortunate to call our spiritual home.

On this sacred day, I ask you to think about what Congregation Am HaYam means to you. Think about the friendships you have made here, the kindness you have received, and the moments we have shared together.

And then, if you are able, please respond with kindness of your own by making a generous contribution to our Yom Kippur appeal.

Whatever the amount, your gift matters. Just as every person strengthens our congregation by being part of it, every contribution helps strengthen our future.

As we begin this new year together, may we continue to be a congregation defined by kindness, appreciation, generosity and community.

Thank you for being part of Congregation Am HaYam and thank you for helping ensure that this very special community continues to thrive.

G'mar Chatimah Tovah.

Please donate through the paypal link below and select the box to cover the fees or through Zelle using payments@congregationAmHaYam.com



As we begin 5787, CAH once again enhances our Rosh Hashanah by having our Apples and Honey program. I love delivering some of the bags because the look on everyone's face is always just one of delight anticipation. Our thanks to Fran Lande who each year designs the letters that accompany each bag.. She could just include the blessing and a list of sponsors but each year she adds a meaningful sticker and a very thoughtful reading that hopefully helps us start the year with hope and words to help us even on a personal level.

Every year we can look forward to a bag of new goodies. We have never done the same bag twice. Brenda is always finding new kosher crackers, cookies or little cakes to add. We hope that our challahs, apples and honey make you and your family's holiday even more special.

Along with our Purim Mishloach Manot, our Apples and Honey program is a fundraiser and we are very grateful to those people who made it a success:

Neal Abramson
Sydell & Bernie Bubman
Arlene & Jerry Davis
Stephen Goch & Kathy Spencer
Stan Golab
Rabbi Ron Goldberg & Judy Yaniv
Donna Gustafson
Fran Lande
Miriam & Darryl Mack

Pam & Sara Milmoe
Ruth Resnick
Brenda Rich
Mark Rich
Rabbi J.B. Sacks & Steven Karash
Nancy & Lonny Scharf
Sabrina Sexton
Phyllis Slade
Esther Taxon & Josh Lampel

In addition to Fran and Brenda I want to thank those volunteers that helped assemble and deliver the bags. We appreciate Lynn Freeman, Donna Gustafson, Ruth Resnick, Mark Rich, Lonny & Nancy Scharf and Gerson Verdejo. for donating their time.

Wishing everyone a sweet and healthy year.

COMING SOON!

**ANI V'ATA—
TOGETHER WE WILL
CHANGE THE WORLD**



**LEARNING ABOUT ANTISEMITISM TO TAKE ACTION IN A CORNER OF
THE WORLD**

A program to explore and learn together about when anti-Zionism is racism and when is it not? And a speaker/ workshop on an action component supporting Jewish students on local college campuses as they navigate college life.

This is made possible by a grant from the **Pacific Southwest Region of the United Synagogue of Conservative Judaism**

Middot Classes

The shofar has sounded. We have gathered for Rosh Hashanah and Yom Kippur, reflected on the year that has passed, asked forgiveness, and thought about the kind of people we would like to be in the year ahead.

And now we are in the midst of celebrating **Sukkot**—a holiday that invites us to step outside, dwell in the sukkah, rejoice in the gifts of the season, and appreciate both the blessings and the fragility of our lives.

Soon, the holidays will end and we will return to our ordinary routines.

That may be where the most important part of the journey begins.

The High Holy Days ask us to engage in *teshuvah*—to examine ourselves and consider how we might change. Sukkot reminds us to experience gratitude and joy in the present moment. But how do we carry these insights with us when the holiday season is over?

For me, that is what the study of **Middot** is about.

Middot are qualities of character—patience, humility, gratitude, compassion, generosity, and many others. Jewish tradition does not treat these qualities as something we either possess or don't possess. They are qualities we can cultivate.

In our Middot classes, we create a space to do that together.

We study Jewish teachings, but we also study ourselves. We talk, listen, reflect, and experiment with practices that can help us become more aware of how we respond to the people and situations we encounter every day.

What happens when someone tries my patience? How well do I listen when I disagree? When should I speak, and when should I remain silent? Do I recognize the good that is already present in my life? How do I respond when things don't go the way I had hoped?

These are ancient Jewish questions—and very contemporary human ones.

You don't need to know Hebrew or have an extensive background in Jewish study to participate. And there is no expectation that any of us has mastered these qualities. I certainly haven't. **We are learning and practicing together.**

As we begin a new Jewish year, I invite you to join our Middot classes and continue the inner work and reflection of this sacred season.

JOIN US FOR MIDDOT

Thursday, October 15, 2026 • 7:00 p.m. • Zoom

Thursday, October 29, 2026 • 7:00 p.m. • Zoom

Newcomers are always welcome. No previous Middot study is necessary.

Rosh Hashanah and Yom Kippur invite us to ask, *Who do I want to become?* Sukkot reminds us to recognize the blessings already surrounding us.

And Middot practice gives us a way to carry both into the year ahead.

Perhaps that is how we begin: **one day, one choice, and one Middah at a time.**

For more information, contact Fran Lande, Life-long Learning Chair at fblande@gmail.com

Chag Sameach and Shanah Tovah—may we continue to learn and grow together in the year ahead.

WHAT DO YOU PUT IN YOUR RECYCLE BIN ?

If you are putting newspapers, magazines, shredded mail, frozen meal containers and glass in your bin for the city to pick up that is great. **If you are still putting in soda cans and water bottles, please consider saving them for CAH.**

Soda cans are recyclable. Plastic water bottles, both plain and flavored can be recycled. From the small 4 ounce to the large half gallon bottles can bring money in to CAH.

If you think a few cents doesn't matter, I can tell you a small income on a regular basis adds up. Since we started in 2014 CAH has earned \$ 1,173.32. You can bring the recycles to services or you can save them in 13 or 33 gallon bags and I will be happy to pick them up.

There are lots of holiday parties coming up between now and New Years Eve. You might ask neighbors to save them.

Call me for any questions or to pick up. You can call me at home or leave a message on the temple phone at 805-644-2899.

Thank you so much.

Ruth Resnick



GIVING

**SUPPORT YOUR SYNAGOGUE WHEN YOU DINE, SHOP,
TRAVEL OR FOR ENTERTAINMENT**

**PURCHASE GIFT CARDS ([SCRIP](#)) FOR YOUR FAVORITE
RESTAURANT, STORE (INCLUDING MARKETS), GAS
STATIONS AND/OR MOVIE THEATERS, ENTERTAINMENT
VENUES AND MORE.**

**YOU GET DOLLAR FOR DOLLAR VALUE FOR
WHATEVER YOU PURCHASE, WHILE AM HAYAM GETS A
PERCENTAGE.**



Click picture above for link to retailer list.

October: Get in on All the Excitement Here at CAH!

Here at CAH we offer an extensive set of ongoing, recurring events.

Brenda sends out the link for the Zoom or YouTube link ahead of time, so that it will be towards the top of your Email inbox. Services are coordinated by Rabbi Goldberg; all other events are coordinated by our Life-Long Learning Chair, Fran Lande. If you have questions about our non-service offerings or have suggestions for other events, please contact Fran. Please contact fblande@gmail.com

EVENT	LEADER	DAY and TIME	DATES
Erev Shabbat/Shemini Atzeret at CAH	Rabbi Ron Goldberg	Friday, 7:30p at CAH and Streaming	October 2
Shabbat/Simchat Torah at CAH	Rabbi Ron Goldberg	Saturday, 10a at CAH and Streaming	October 3
Erev Shabbat at CAH	Rabbi Ron Goldberg	Friday, 7:30p at CAH and Streaming	October 16
Shabbat/Sukkot at CAH	Rabbi Ron Goldberg	Saturday, 10a at CAH and Streaming	October 17
Middot Class	Fran Lande	Thursdays, 7p on Zoom	October 15. 29
Ritual Meeting	Neal Abramson	Sunday 10a on Zoom	October 11
Board Meeting	Brenda Ricn	Sunday 11a on Zoom	October 11

In Honor of

Bill Amplo Speedy recovery for Ruth Resnick

Birthdays

10/6 Esther Taxon
10/12 Sydell Bubman

Anniversaries

10/24 Esther Taxon & Josh Lampel

Get Well

Fil Barton

Alma Boronkay

Rick Newberger

Jerry Davis

Joanne Glick

Steven Goch

Fran Lande

Arlene Davis

Ron Freeman



Yahrzeit

FRIDAY, OCTOBER 2 AND SATURDAY, OCTOBER 3

*Hilda Rosen, Mother of Ruth Resnick

*Til Hanig, Mother-in-Law of Elaine

*Jesse J. Kaufman, Father-in-Law of Neal Abramson

*Walter Greeberg

*Mitzi Hornick, Mother of Tina Gustavson & Deanna Marenstein

*Hyman Sydney Paper, Father-in-Law of Buddy Perlmutter

FRIDAY, OCTOBER 16 AND SATURDAY, OCTOBER 17

David Rubinstein, Father-in-Law of Miriam Rubinstein

Judye Newberger, Wife of Rick Newberger

*Philip Leventhal, Father of Moe Leventhal z'l

*Irene Golden, Mother-in-Law of Alma Golden Boronkay

*Edith Rosenthal, Mother of Alma Golden Boronkay

*William Hornick, Father of Tina Gustavson

May their memories be for a blessing

CAH JUDAICA GIFT SHOP

Now Open By Appointment

Email: cahgiftshop@gmail.com

Or Call: 818-264-6157 For Appointment



**SHABBAT CANDLE & CANDLESTICKS,
KIDDUSH CUPS, MEZUZAHS, TALLIT CLIPS,
KIPPOT, BABY GIFTS & HOSTESS GIFTS.**



October 2026

Tishrei/Cheshvan 5787

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Erev Shabbat/Shemini Atzeret Services 7:30p at CAH Light Shabbat Candles 6:22p	3 Shabbat/Simchat Torah Services 10a at CAH Shabbat ends at 7:15p IMO Hilda Rosen IMO Til Hanig
4 Simchat Torah Holiday ends at 7:14p	5	6 Esther Taxon B/D	7 IMO Jesse J. Kaufman	8	9 Light Shabbat Candles 6:12p	10 Shabbat ends at 7:06p
11 Ritual meeting 10a on Zoom Board meeting 11a on Zoom	12 Sydell Bubman B/D	13	14 IMO Walter Greeberg	15 Middot Class 7p on Zoom	16 Erev Shabbat Services 7:30p at CAH Light Shabbat Candles 6:03p IMO Hyman Sydney Paper	17 Shabbat Services 10a at CAH Shabbat ends at 6:58p
18 IMO David Rubinstein	19	20	21	22	23 Light Shabbat Candles 5:55p IMO Judye Newberger	24 Shabbat ends at 6:50p Esther Taxon & Josh Lampel Anniv
25	26	27	28 IMO Philip Leventhal	29 Middot Class 7p on Zoom IMO Irene Golden IMO Edith Rosenthal	30 Light Shabbat Candles 5:48p	31 Shabbat ends at 6:43p

If you would like to sponsor the Migdalar
and have an ad or dedication in this space,
contact
president@CongregationAmHaYam.com



Please consider checking the box that allows you to
cover the processing fees.

Copy and paste link if needed
[https://www.paypal.com/donate?hosted_button_id=Y
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Mort Resnick
Arnie Fingerhut z'l
Jerry Ruthman z'l
Peter Shack z'l
Brenda Rich

OUR VOLUNTEERS

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Oneg Shabbat - Fil Barton
Purchasing - Ruth Resnick
Yahrzeits - Brenda Rich
Migdalar - Mark Rich
Webmaster - Mark Rich

“Rabbi Ron” Goldberg
RabbiRon@CongregationAmHaYam.com

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brenda.bashful16@gmail.com

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