



4839 Market Street, Unit C, Ventura, Ca. 93003 Phone (805) 644-2899

May 2026

www.congregationAmHaYam.com

Rabbi's Words



We've just passed the holiday of חג האביב-The Spring holiday, commonly called Passover or פסח. We observe at Passover the exodus of the Jewish people from Egypt. But we also note that group leaving Egypt was a very long way from being unified, from feeling peoplehood, let alone nationhood. At best they are a rabble, loosely lead by Moses. But 50 days after the 2nd Seder, something happens. We count each day until we arrive at 50.

On the 50th day, we have another holiday. It goes by many names, given we've counted 7 weeks and a day, it is commonly called חג השבועות-the holiday of the weeks or the feast of weeks or Shavuot... And in recognition of our people's deep ties to agriculture, Shavuot is also called חג הקציר-Holiday of the reaping (Harvest) and also commonly יום הבכורים-Day of the 1st fruits, the harvest of the 1st fruits of the springtime. My wife Judy will share with you that on her kibbutz and on kibbutzim around Israel, Shavuot is a major event. There are parades of the farm equipment and tractors, the first fruits harvested are displayed and the children take part in the parades. In Biblical times, the grain harvest took place start about Passover and continued for just about 7 weeks. To bring in the harvest, to be assured of grain to make bread, was a huge matter and when the harvest was done, it was something to be celebrated.

Unlike other holidays and observances mentioned in Torah, there is not an exact date for Shavuot. We are merely told it's 50 days after Passover. With the standardized calendar now in use, we start counting those 50 days from the evening of 2nd Seder. Shavuot is one of the 3 Pilgrimage festivals when people would travel to Jerusalem to make a sacrifice at the Temple.

For me, what I find of such importance is that on Shavuot our tradition tells us that “revelation” occurred at Mt Sinai and the people received Torah and the 10 Commandments. Both represent the words of G1d transmitted and recorded by his servant Moses. In this process of receiving and accepting Torah, the rabble that left Egypt weeks earlier, began the process of becoming a true nation. Receiving Torah and the law worked to unite the people into becoming a nation. There has evolved a tradition of staying up all night and study. Why all night? To make sure we don't miss Torah being given and we don't sleep thru it. Also, we value study and learning. It is a holiday dedicated to the study of Torah and its many aspects. It is a day where we enjoy learning and milchik desserts, classically we enjoy cheesecake (and alot of it). Why cheesecake and why milchik?? To find out, join me at Shavuot services on May 23rd. It will be Shabbat, Shavuot and will include a Yizkor service. That's on Saturday May 23rd at 10AM

See you there,

Rabbi Ron



Message From Brenda Rich



Greetings: Welcome to the beautiful month of May. Summer is ahead of us and our CAH family has so much to look forward to.

But first let's hear about many you have missed.

We had our community 2nd night Passover Seder and if you weren't there, you missed a lovely evening. We sang, ate wonderful food, and had a meaningful service. Thanks to everyone who helped make flyers, docs to keep records, set up, clean up, serve, cooked, bake and etc.

Thank you Rabbi Ron, Judy Yaniv Goldberg, Fran Lande, Ruth Resnick. Neal Abramson, Mark Rich, Gerson Verdejo and Maria. If I did not mention your name, I apologize, and please let me know and I will include you next month.

Our Zoom meeting recognizing Yom HaShoah led by Rabbi Ron was meaningful and moving.

Good news for our future. Because a member of the congregation left his house to CAH, and the net proceeds have been received by CAH, much needed improvements will be undertaken. An email was sent out to the congregation asking for volunteers to serve on the refurbishing committee and 4 members volunteered – Ron Freeman, Mark Rich, Nancy Scharf and Fil Barton. A meeting was held on April 21 at CAH and it was decided to start with replacing all the flooring, including the carpeted sanctuary, with a luxury vinyl wood grained tile. The tile and cost was approved by the committee and board and installation will be done during the month of May.

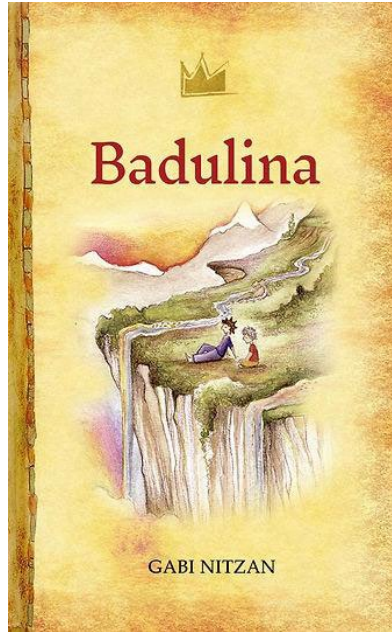
The committee also decided that all the wallpaper would be removed and the walls would be painted rather than repapered.

Coming up at our services on May 1st and 2nd is one of those special moments as we welcome Sabrina Sexton into the Jewish faith and she will be given her first Aliyah and a special Kiddish in her honor.

There will be **no services May 15th or 16th** instead there will be **services on May 22nd and 23rd** with the celebration of Shavuot. Yizkor service will be held on May 23rd. Read the Migdalor and see our website at www.congregationamhayam.com for all of the rest of the events in the month of May. And please, take advantage of all.

Shalom,
Brenda

SIGNIFICANT BOOK CLUB PRESENTS



[Click here for Amazon link](#)

Date: Thursday June 25 at 7 pm on Zoom

Please join even if you have not read the book.

When the King & Queen of Badulina first entered his restaurant in India, author Gabi Nitzan could not have guessed that his life - like the lives of hundreds of thousands of people all over the world - will change forever.

Badulina is a tiny kingdom in Europe where everybody is raised on the belief that there is one single choice to be made in life, no matter the situation: Either you react like a victim - or you react like a King or a Queen.

In a Journey that spreads over the Himalayas, Tel-Aviv, Egypt and Mexico Nitzan learns why the royal couple isn't married, goes on a Dragon Hunt with the King, becomes dangerously involved in a Summit with the USA president and falls hopelessly in love with the Queen.

Since first published 20 years ago, Badulina became a treasured secret for hundreds of thousands of readers. With no publishing agencies or PR budget, the Kingdom of Badulina keeps growing by word of mouth, always reaching its readers at the right royal moment.

JOIN RABBI RON FOR HIS NEW CLASS SERIES
JEWISH LIFESTYLE EVENTS AND RITUALS

MAY 20th AT 7p ON ZOOM

JEWISH LIFECYCLE

Reviewing the journey of a Jewish life...

Starting at the End



DEATH,
FUNERALS
&
MOURNING



Rabbi Ron reviews Jewish lifecycle events and rituals.
We start with end of life and customs and rituals of death and mourning....

COMING SOON!

**ANI V'ATA—
TOGETHER WE WILL
CHANGE THE WORLD**



**LEARNING ABOUT ANTISEMITISM TO TAKE ACTION IN A CORNER OF
THE WORLD**

A program to explore and learn together about when anti-Zionism is racism and when is it not? And a speaker/ workshop on an action component supporting Jewish students on local college campuses as they navigate college life.

This is made possible by a grant from the **Pacific Southwest Region of the United Synagogue of Conservative Judaism**

Mussar: Deepening Our Character

Mussar classes continue in May.

Come join us as we continue our exploration of middot/ soul traits. Each week we gain insight into the meaning of various middot and how to better balance the role each can play in our daily interaction.

No previous knowledge of Hebrew or text study required, just a desire to learn and make sense of our lives. You can join us even if you have not been able to attend the previous classes. **We will be studying Trust/Bitachon**

Class dates will be May 7th, 14th and 28th at 7 pm on Zoom.

For more information, please contact Fran Lande, Life-Long learning chair at fblande@gmail.com.



WHAT DO YOU PUT IN YOUR RECYCLE BIN ?

If you are putting newspapers, magazines, shredded mail, frozen meal containers and glass in your bin for the city to pick up that is great. **If you are still putting in soda cans and water bottles, please consider saving them for CAH.**

Soda cans are recyclable. Plastic water bottles, both plain and flavored can be recycled. From the small 4 ounce to the large half gallon bottles can bring money in to CAH.

If you think a few cents doesn't matter, I can tell you a small income on a regular basis adds up. Since we started in 2014 CAH has earned \$ 1,173.32. You can bring the recycles to services or you can save them in 13 or 33 gallon bags and I will be happy to pick them up.

There are lots of holiday parties coming up between now and New Years Eve. You might ask neighbors to save them.

Call me for any questions or to pick up. You can call me at home or leave a message on the temple phone at 805-644-2899.

Thank you so much.

Ruth Resnick



GIVING

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WHATEVER YOU PURCHASE, WHILE AM HAYAM GETS A
PERCENTAGE.**



Click picture above for link to retailer list.

May: Get in on All the Excitement Here at CAH!

Here at CAH we offer an extensive set of ongoing, recurring events.

Brenda sends out the link for the Zoom or YouTube link ahead of time, so that it will be towards the top of your Email inbox. Services are coordinated by Rabbi Goldberg; all other events are coordinated by our Life-Long Learning Chair, Fran Lande. If you have questions about our non-service offerings or have suggestions for other events, please contact Fran. Please contact fblande@gmail.com

EVENT	LEADER	DAY and TIME	DATES
Erev Shabbat at CAH	Rabbi Ron Goldberg	Friday, 7:30p at CAH and Streaming	May 1
Shabbat at CAH	Rabbi Ron Goldberg	Saturday, 10a at CAH and Streaming	May 2
Erev Shabbat		No CAH service	May 15
Shabbat		No CAH service	May 16
Erev Shabbat/Shavuot at CAH	Rabbi Ron Goldberg	Friday, 7:30p at CAH and Streaming	May 22
Shabbat/Shavuot/Yizkor at CAH	Rabbi Ron Goldberg	Saturday, 10a at CAH and Streaming	May 23
Mussar	Fran Lande	Thursdays 7p on Zoom	May 7, 14, 28
Jewish Lifecycle Events and Rituals	Rabbi Ron	Wednesday 7p on Zoom	May 20
Ritual Meeting	Neal Abramson	Sunday 10a on Zoom	May 17
Board Meeting	Brenda Rich	Sunday 11a on Zoom	May 17

In Memory of

Nancy Scharf IMO David Haas and Rose Scharf

Birthdays

Steve Goch 5/17
Ron Freeman 5/20

Get Well

Fil Barton

Alma Boronkay

Lee Rothschild

Rick Newberger

Steven Goch

Fran Lande

Arlene Davis

Jerry Davis



Yahrzeit

FRIDAY, MAY 1 AND SATURDAY, MAY 2

Sara Goch, Late wife of Stephen Goch

*Sol Wayne, Father of Ann Sperber z'l

*Sam Rich, Father-in-Law of Brenda Rich and Grandfather of Mark Rich

*Pauline Lebman, Mother-in-Law of Lois Lebman z'l

Doris "Dolly" Freeman, Mother of Ron Freeman

*Bertha Birn Gustafson, Sister-in-Law of Donna Gustafson

Fay Rubinstein, Mother-in-Law of Miriam Rubinstein

*Kathleen Ann Kozak, Mother of Maurice Kozak

*William Halpern, Father of Kenny Halpern

*Emma Volodarsky, Mother of Marina Skuratovsky

FRIDAY MAY 22 AND SATURDAY MAY 23

*Aaron Resnick, Father of Mort Resnick and Father-in-Law of Ruth
Resnick

Norma Lande, Mother of Fran Lande

Herman Spunt, Grandfather of Fil Barton

May their memories be for a blessing

May 2026

Iyar/Sivan 5786

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					¹ Erev Shabbat Services 7:30p at CAH Light Shabbat Candles 7:24p	² Shabbat Services 10a at CAH Shabbat ends at 8:16p
³ IMO Sara Goch	⁴ IMO Sol Wayne	⁵ IMO Sam Rich IMO Pauline Lebman IMO Doris "Dolly" Freeman	⁶	⁷ Deepening Our Character 7p on Zoom	⁸ Light Shabbat Candles 7:29p	⁹ Shabbat ends at 8:29p IMO Bertha Birn Gustafson
¹⁰ Mothers Day	¹¹	¹² IMO Fay Rubinstein IMO Kathleen Ann Koza	¹³	¹⁴ Deepening Our Character 7p on Zoom	¹⁵ Light Shabbat Candles 7:35p IMO William Halpern	¹⁶ Shabbat ends at 8:35p IMO Emma Volodarsky
¹⁷ Ritual meeting 10a on Zoom Board meeting 11a on Zoom Steve Goch B/D	¹⁸	¹⁹	²⁰ Jewish Lifestye Events and Rituals 7p on Zoom Ron Freeman B/D	²¹ Shavuot begins light holiday candles at 7:39	²² Erev Shabbat/Shavuot Services 7:30p at CAH Light Shabbat Candles 7:40p	²³ Shabbat/Shavuot/Yizkor Services 10a at CAH Shabbat ends at 8:41p IMO Aaron Resnick
²⁴	²⁵	²⁶	²⁷	²⁸ Deepening Our Character 7p on Zoom	²⁹ Light Shabbat Candles 7:44p	³⁰ Shabbat ends at 8:46p
³¹ IMO Norma Lande						



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PAST PRESIDENTS

Mort Resnick
Arnie Fingerhut z'l
Jerry Ruthman z'l
Peter Shack z'l
Brenda Rich

OUR VOLUNTEERS

Kiddushim - Brenda Rich
Oneg Shabbat - Fil Barton
Purchasing - Ruth Resnick
Yahrzeits - Brenda Rich
Migdalar - Mark Rich
Webmaster - Mark Rich

“Rabbi Ron” Goldberg
RabbiRon@CongregationAmHaYam.com

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brenda.bashful16@gmail.com

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