

HAMIGDALOR

המגדלור



4839 Market Street, Unit C, Ventura, Ca. 93003

Phone (805) 644-2899

September 2023

www.congregationAmHaYam.com



From the Rabbi's Study

***T'shuvah*: Time for a Tune-Up**

The buzz word during these days of preparation for the High Holy Days is the Hebrew word *t'shuvah*. Most translations render the word "repentance," but that is, at best, a pallid attempt to convey the richness of the Hebrew original. The English "repentance" means "feeling sorry for past conduct." That can be one component of *t'shuvah*.

T'shuvah, however, literally means "return." As the key task of the High Holy Day season, it implies the return to one's right direction in life.

Think of a car. Once in a while, it needs a wheel alignment to keep it going in the right direction. The steering mechanism will, at times, go out of line through constant use, and the car begins to wobble—just as a human being begins to wobble.

- Sometimes we wobble morally and ethically.
- Sometimes we wobble in our passion to live life to the fullest.
- Sometimes we wobble in our concern for others.
- Sometimes we wobble in our relationship to G!d.
- Sometimes we wobble in living out our Jewishness.

At such times, we need a tune-up, to redirect ourselves, and regain a clear reading of the signs on the road of life.

How is it that we need our guidance system corrected?

Some of us are too far-sighted, and we neglect to see those near and dear to us.

Some of us are too near-sighted, concentrating on ourselves alone and ignoring those who are distant from us. Judaism, however, asks us to keep within our vision the wider community and, indeed, the whole human race.

Some of us need bifocals so that we can read the signs of the time. But if we want to have corrected vision, Judaism offers a way to turn to the right path: *t'shuvah*.

A Chassidic rebbe once asked, "If you are going East and suddenly want to travel West, how far do you have to go?" His disciples asked deep follow-up questions and offered many complex answers, until the rebbe himself answered his own question: "If you are going East and suddenly you want to go West, all you have to do is turn around. It is as simple as that."

To return to Judaism requires only one turn. To return to reasonable living takes but one turn. To align with our priorities and to shore up our character needs but one turn. To return to community and to a sane and sensible society takes but the right turn.

We are told that the gates of prayer are sometimes open, sometimes closed; but the gates to *t'shuvah* are open forever.

It's time to step through the gates.

L'shanah tovah u-m'tukah tikateivu atem umish-pach-tem b'Sefer Chayyim Tovim.
May you and yours be inscribed in the Book of Life for a good, sweet year.

Rabbi J.B. Sacks

Message From

Brenda Rich



Greetings: The month is finally here. S'lichot, Rosh HaShanah, Yom Kippur, Sukkot, Shemini Atzeret and Simchat Torah. Your Rabbi and member volunteers have worked countless hours to bring you meaningful and enjoyable services. Do not ignore them!!! You can be at CAH in person, live stream them and attend those that will be on Zoom only. No excuses.

There is so much information in this issue of the Migdalor and on our website at www.congregationamhayam.com that you must read and see. Still time to send in some sort of payment to show you want to remain a member, sending in the form for when you will be attending services, sending in your reservation for the Rosh HaShanah lunch and/or Break the Fast, and names you want to be in the Book of Memories.

Make special note of the flyer for the joint CAH-TBT Shemini Atzeret & Simchat Torah Service & Luncheon.

Members will be receiving their apples and honey bags which we hope will help you have a sweet year.

Much love to you all.

L'Shanah Tovah,

Brenda

AM HAYAM HIGH HOLY DAY SCHEDULE AND ATTENDANCE FORM, 2023

Dear Friends,

We are excited that the High Holy Days are soon upon us. We plan to host services in our CAH Home. In addition, we will be offering these services via livestream. We need to know when you will be attending services in person and when by livestream, for several reasons. We will be able to more effectively assign High Holy Day honors, and we will be able to send the link for live-streaming to those who will be using it.

Whether you attend in person or live-stream, please note that you will need a High Holy Day Machzor (prayer book) and our Additional Readings booklet. If you will be attending via livestream and need either or both of these, please let us know.

Please let us know if you wish to buy a Mahzor (\$45) or want us to loan you one.

Please complete this form and return it by SEPTEMBER 10 to:

Congregation Am HaYam
4839 Market St. Unit C
Ventura, CA 93003

Name _____

Service	Date & Time	Number Attending in Person at CAH (Fill in)	Number Attending by Live-Stream
ROSH HASHANAH			
Erev Rosh HaShanah (First Evening)	Friday, Sept 15 7:00 p.m.		
Rosh HaShanah, First morning	Saturday Sept 16 9:00 a.m.		
Rosh HaShanah, Second morning	Sunday, Sept 17 9:00 a.m.		

YOM KIPPUR

Kol Nidre/Yom Kippur Evening Service	Sunday, Sept 24 6:00 p.m.		
Yom Kippur Morning	Monday, Sept 25 9:00 a.m.		
Yizkor (Remembrance of Loved Ones) Service (approximately)	11:00 a.m.		
Study Session	4:15 p.m.		
Minchah	5:15 p.m.		
Ne'ilah (Concluding Service)	6:15 p.m.		
Ma'ariv & Havdallah	7:27 p.m.		
Final Shofar Blasts	7:44 p.m.		
Break Fast	following Shofar Blasts		

Please list yourself/ves and all immediate family members who will be attending our High Holy Day services and gatherings
 Please list their names (with an Email address or phone number) below.

Name(s)	Email and/or Phone Number	Attending Live or by YouTube?

Please check the appropriate box below:

<input type="checkbox"/> I need a High Holy Day prayer book	<input type="checkbox"/>	<input type="checkbox"/> I do not need a High Holy Day prayer book
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HIGH HOLY DAY TICKET REQUEST FORM, 2023

Our current policy grants each Family membership two free tickets when dues for the coming year are paid, in full or in part. Singles receive one ticket. In addition, we offer free tickets to newly married couples, members of armed forces, high school and college students, and honorary members (including dependent children living with you in all categories listed above).

Tickets for additional relatives, guests, Associate Members and their family members are **\$125.00 each**. Payment should be mailed on or before **SEPTEMBER 10**.

Please list any additional relatives and guests who need tickets. Associate Members should list themselves as well:

Nonmember/s, Relatives, Guests, Associate Member/s	# of Tickets	Email	Phone Number	Amount (\$125 per ticket/per son)
TOTAL				

Please return this form with payment by September 10 to:

Congregation Am HaYam
4839 Market St., Unit C
Ventura, CA 93003

HIGH HOLY DAY SCHEDULE OF SERVICES 2023

Congregation Am HaYam

Service	Date & Time
SELICHOT	
Selichot study and services (on Zoom)	Saturday, September 9 7:00 p.m.
ROSH HASHANAH	
Erev Rosh HaShanah (First Evening)	Friday, September 15 7:00 p.m.
Rosh HaShanah, First morning	Saturday, September 16 9:00 a.m.
Rosh HaShanah, Second morning	Sunday, September 17 9:00 a.m.
YOM KIPPUR	
Kol Nidre/Yom Kippur Evening Service	Sunday, September 24 6:00 p.m.
Yom Kippur Morning (through Musaf)	Monday, September 25 9:00 a.m.
Yizkor (Remembrance of Loved Ones) Service (approximately)	11:00 a.m.
Study Session	4:15 p.m.
Minchah	5:15 p.m.
Ne'ilah (Concluding Service)	6:15 p.m.
Ma'ariv & Havdallah	7:27 p.m.
Final Shofar Blasts	7:44 p.m.
Break Fast	following Shofar Blasts

www.CongregationAmHaYam.com

Sukkot Season: Schedule of Services

<u>SUKKOT</u>			
Shabbat Erev Sukkot services	Friday, Sept. 29	7:00 p.m.	on Zoom (interactive)
1 st morning Sukkot and Shabbat services (with Torah reading)	Saturday, Sept. 30	10:00 a.m.	on Zoom (interactive)
<u>SHEMINI ATZERET</u>			
Shabbat Erev Shemini Atzeret Services	Friday, Oct. 6	7:00 p.m.	on Zoom (interactive)
Joint CAH-TBT Shabbat Shemini Atzeret & Simchat Torah Services and luncheon (<i>your paid reservations welcomed</i>)	Saturday, Oct. 7	10:00 a.m.	at Congregation Am Hayam and via YouTube

חג שמח! מועדים לשמחה!

A joyful, healthy Sukkot holy day season!

805-644-2899

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CELEBRATE THE HIGH HOLY DAYS

On Saturday September 16, 2023
Rosh HaShanah Luncheon
after services at CAH

Tashlikh "casting of our sins"
will be at the home of Brenda Rich on Sunday,
September 17 following Services

All Ages Welcome

Community Yom Kippur Break-the-Fast Dinner
Monday September 25th, 2023
7:30 PM at CAH

PLEASE R.S.V.P.

BY

September 10th 2023

Check Payable to: CAH

Mail to:

Congregation Am HaYam
4839 Market St. Unit C
Ventura, CA 93003

Price for Both Events

\$36.00 Per Person

Price for
Rosh HaShanah
Luncheon
Only

\$22.00 per Person

Price for
Yom Kippur Break-the-Fast
Dinner
Only

\$22.50 Per Person

**JOINT CAH-TBT SHABBAT SHEMINI ATZERET &
SIMCHAT TORAH SERVICES AND LUNCHEON**



Congregation Am HaYam and Temple Beth Torah join together for a Yizkor Service and a joyful Simchat Torah celebration.

Holiday Kiddush Luncheon to follow

\$12 per person

RSVP - fblande@gmail.com

Send checks payable to CAH to 4839 Market St, Unit C, Ventura, CA 93003

RSVP and payment due by Oct. 2

Saturday October 7th 10:00 a.m.
CAH 4839 MARKET STREET, UNIT C, VENTURA, CA 93003

www.CongregationAmHayam.com

BOOK OF LIFE REMEMBRANCE REQUEST FORM

In accordance with Jewish custom, we prepare a **Book of Life** that is used for the *Yizkor* service on Yom Kippur (as well as on Shemini Atzeret, Passover, and Shavuot) that lists our departed relatives and loved ones. Keeping this meaningful tradition will also enable those who submit names to fulfill the *mitzvah* of *tzedakah* to our Synagogue, which is dedicated to perpetuating the memories of members of our Am HaYam family and our loved ones.

To participate in this custom and have your loved ones' names entered into our Book of Life this year, please fill out the form below with your donation, and return by **SEPTEMBER 10**. If you have entered names in previous years, your listing will remain; you merely need to list names you are adding for this year.

We suggest a donation of \$18 for each person remembered. Nonetheless, all donations are warmly received.

May the memories and legacies of all our loved ones be for a blessing.

We thank you in advance and offer our sincerest hopes to you and yours for a good, sweet, healthy New Year.

I wish my listing(s) in the Book of Life to read as follows (**PLEASE PRINT LEGIBLY**):

IN MEMORY OF

REMEMBERED BY:

Use additional sheets if necessary. Please **mail this form so that we receive it by September 10** along with your **check made payable to and mailed to: Congregation Am HaYam;**
% Brenda Rich, 4839 Market St., Unit C; Ventura, CA 93003

Donation Enclosed: \$ _____.

WE FAST ON YOM KIPPUR; SOME FAST EVERY DAY



On Yom Kippur, we'll gather together in prayer, and we'll read Isaiah's words in the haftarah. But we can also heed Isaiah's words. We ask each household coming during the High Holy Days to bring nonperishable food to the synagogue for distribution to the hungry. **These will be donated to Food Share Ventura County**, which monthly feeds 75,000 fellow citizens and has programs to help alleviate the food insecurity that one in six Ventura County residents struggle with daily.

Please bring donations to any of our services or call Brenda Rich at 805-469-0268 to arrange a time to bring them to our Synagogue.

Crackers	Canned beans
Macaroni & Cheese	Canned Fish
Dry Pasta	Canned Fruit
Brown Rice	Canned Vegetables
Powdered Milk	Canned Potatoes
Peanut Butter	Canned Tuna Fish
Jellies	Soap
Honey	Toothbrush
Cereals	Toothpaste
Juices	Hand Lotion
Food for <i>Diabetics</i>	Disposable Razors
Tomato Sauce	Diapers
Vegetarian Soups	Baby Wipes

Donations of Scrip, personal hygiene products & other ready to use food acceptable.

GIVING

**SUPPORT YOUR SYNAGOGUE WHEN YOU DINE, SHOP,
TRAVEL OR FOR ENTERTAINMENT**

**PURCHASE GIFT CARDS (SCRIP) FOR YOUR FAVORITE
RESTAURANT, STORE (INCLUDING MARKETS), GAS
STATIONS AND/OR MOVIE THEATERS, ENTERTAINMENT
VENUES AND MORE.**

**YOU GET DOLLAR FOR DOLLAR VALUE FOR
WHATEVER YOU PURCHASE, WHILE AM HAYAM GETS A
PERCENTAGE.**



Click picture above for link to retailer list.

September: Get in on All the Excitement Here at CAH!

Here at CAH we offer an extensive set of ongoing, recurring events.

Having regular opportunities to be together, to learn, to pray, to sing, to share has been very nurturing of all of us during this pandemic and has strengthened us as a community. We are proud of all these offerings and are grateful to all the event leaders. Thank you! Brenda sends out the link for the Zoom or YouTube link ahead of time, so that it will be towards the top of your Email inbox. Services are coordinated by Rabbi Sacks; all other events are coordinated by our Life-Long Learning Chair, Fran Lande. If you have questions about our non-service offerings or have suggestions for other events, please contact Fran. Please contact fblande@gmail.com

EVENT	LEADER	DAY and TIME	DATES
Erev Shabbat (Friday night) services	Rabbi Sacks	Friday, 7 p.m. on Zoom	September 1
Shabbat services	Rabbi Sacks	Saturday, 10a on Zoom	September 2

See other charts for all Holiday dates and times.

Tributes

Lois Lebman to Brenda and Mark Rich IMO your beloved sister and Aunt.

Lois Lebman to Mort Resnick and family IMO your beloved Roz.

Lois Lebman to Ruth Resnick IMO your beloved Roz.

In Memory Of

Bill Amplo IMO Roz Resnick

Alan Kirschbaum IMO Roz Resnick

Miriam & Darryl Mack IMO Roz Resnick

Trees For Israel

To Mort Resnick and family, a ring of 3 trees in loving memory of Roz Resnick. May her memory always be for a blessing.

From Elaine Hanig

Birthdays

9/16 Neal Abramson

9/19 Allan Teplinsky

9/25 Miriam Rubinstein

9/28 Talia Aharon-Ezer

9/28 Eli Aharon-Ezer

9/30 Myra Matlin

Get Well

Fil Barton	Steven Goch
Alma Boronkay	Fran Lande
Sheila Myles	Judye Newberger
Lee Rothschild	



Rabbi Sacks, the Board of Directors and the membership of CAH extend their sincere sympathy to the Resnick and Rich family on the passing of past member, Roz Resnick, beloved Wife, Mother, Grandmother, Sister, Aunt and friend. Roz served in many roles at CAH, especially as religious V.P. She will be missed. May her memory be for a blessing.

Yahrzeit

September 1 & 2

- *Max Beck, Father-in-Law of Florence Beck
- *Bernard Winer. Husband of Myrna Winer z'l
- *Eugene Matlin, Father of Myra Matlin
- *Samuel Lebman-Father-in-Law of Lois Lebman
- *Alfred Hirsch, Father of Eva Lowe

SEPTEMBER 15 & 16

- *Frank Lowe, Husband of Eva Lowe
- *Frances Schonfield, Mother of Lois Lebman
- *Edward Isadore Seidenberg, D.D.S.. Father of Mark Seidenberg
- *Henry Albert Gustafson, Husband of Donna Gustafson
- * Hilda Rosen, Mother of Ruth Resnick

CAH Protocols for Moving Back into Our Building

(Revised, February 2022)

Now that the Omicron surge has waned, we look forward to again having services live in our own CAH home. To do so, these are the protocols we will be following. We thank you in advance for helping make our synagogue space warm, welcoming, and safe for all.

1. Everyone must be fully vaccinated to come to services and events held in our CAH home. Proof of vaccination should be shown the first time entering.
2. Social distancing will be maintained. All rows can be utilized.
3. Wearing masks is optional (as all are fully vaccinated).
4. For those who cannot attend services, we will continue live-streaming our services.
5. Service will continue as we have been doing, with aliyot and honors from the front of the Sanctuary, and not from the bimah.

Best Practices/Etiquette Upon Moving Back

Not everyone is equally comfortable with touch at this time, whether it is a handshake, a hug, or a Shabbat shalom kiss. We can express our joy in seeing each other without these, but if it's something any of us want to do, please ASK the person you are about to greet in a physical way first. Please do not take anyone's "NO" as a rejection. Please support everyone in the comfort level in which they find themselves.

ORDERING MEMORIAL WALL PLAQUES AT CAH

Jewish tradition sees memory as a sacred act, allowing us to be inspired by the good in a loved one's life and live more fully in our own days. A yahrzeit plaque allows for a permanent remembrance of a loved one, ensuring that his or her name will be recalled in perpetuity in our congregation. It is very meaningful to see the memorial plaque of your loved one on the High Holy Days, especially at the Yom Kippur Yizkor (Remembrance) service, on the Shabbat close to the yahrzeit, and at other special moments (including Passover, Shavuot and Sukkot Yizkor services).

Names on the plaque are automatically recalled publicly at the Shabbat prior to the yahrzeit at both our Friday night and Saturday morning services just before Mourner's Kaddish.

Ordering a plaque is a wonderful way to pay tribute to that special person or persons of blessed memory.

The current cost of ordering a bronze plaque for the memorial wall is \$360.00 per plaque. If you would like to order two plaques now, the cost will be \$330.00 per name. For 3 or more plaques the cost is \$300.00 per name.

Thank you for considering doing this for your loved ones. Their lives will be remembered and an inspiration to many.

Sincerely,

Brenda Rich

PLAQUE #1–Name of deceased: _____

Relationship _____

Hebrew Name _____ (son/daughter of) _____ and _____

Date of death English

Date of death Hebrew

Before or after sundown _____

PLAQUE #2–Name of deceased: _____

Relationship _____

Hebrew Name _____ (son/daughter of) _____ and _____

Date of death English

Date of death Hebrew

Before or after sundown _____

PLAQUE #3–Name of deceased: _____

Relationship _____

Hebrew Name _____ (son/daughter of) _____ and _____

Date of death English

Date of death Hebrew

Before or after sundown _____

If you have more than three plaques, please place information on additional sheets of paper.

Please mail this form with your check for the amount in full to:
Congregation Am HaYam; Attn: Brenda Rich; 4839 Market St. Unit C; Ventura, CA 93003

September 2023

Elul/Tishrei 5783/5784

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Erev Shabbat Services 7:00p on Zoom Light Candles 7:05p	2 Shabbat Services 10a on Zoom Shabbat ends at 8:00p
3	4 IMO Max Beck	5 IMO Bernard Winer	6	7	8 Light Candles 6:56p	9 Selichot study and service on Zoom 7:00p Shabbat ends at 7:50p
10 IMO Eugene Matlin	11	12 IMO Samuel Lebman	13 IMO Alfred Hirsch	14	15 Erev Rosh Hashana at CAH 7:00p Light Candles 6:46p	16 Rosh Hashana 1 st day at CAH 9:00a Shabbat ends at 7:40p Neal Abramson B/D
17 Rosh Hashana 2 nd day at CAH 9:00a Holiday ends at 7:38p	18	19 IMO Frank Lowe Allan Teplinsky B/D	20 IMO Frances Schonfield	21	22 Light Candles 6:36p	23 Shabbat ends at 7:30p
24 Yom Kippur/Kol Nidre at CAH 6:00p Light Candles 6:33p	25 Yom Kippur at CAH starting at 9:00a Miriam Rubinstein B/D IMO Edward Isadore Seidenberg, D.D.S	26	27	28 Talia Aharon-Ezer B/D Eli Aharon-Ezer B/D	29 Erev Sukkot on Zoom 7:00p Light Candles 6:26p	30 Sukkot on Zoom 10:00a Light Holiday Candles 7:20p Myra Matlin B/D



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https://www.paypal.com/donate?hosted_button_id=YSYH8MKXVM92

PAST PRESIDENTS

Mort Resnick
Arnie Fingerhut z'l
Jerry Ruthman z'l
Peter Shack z'l
Brenda Rich

OUR VOLUNTEERS

Kiddushim - Brenda Rich
Oneg Shabbat - Fil Barton
Tributes - Lois Lebman
Purchasing - Ruth Resnick
Yahrzeits - Brenda Rich
Migdalar - Mark Rich
Webmaster - Mark Rich

Rabbi J.B. Sacks

rabbijbsacks@gmail.com Phone # 323-387-0096

BOARD OF DIRECTORS

PRESIDENT Brenda Rich

brenda.bashful16@gmail.com Phone # 805-469-0268

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SECRETARY- Donna Gustafson

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LIFE-LONG LEARNING CHAIR -Fran Lande

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Lee Rothschild
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