



4839 Market Street, Unit C, Ventura, Ca. 93003

Phone (805) 644-2899

From The Rabbi's Study – August 2022

www.congregationAmHaYam.com

From the Rabbi's Study

What Money Cannot Buy



Business people once met for dinner some years ago and began to discuss money. One successful and aggressive business mogul made the statement that money can buy everything. In fact, he wrote out a check for five thousand dollars and told his dinner companions that they could have it if they could convince him that there were four desirable things that money could not possibly buy.

One colleague called the waiter over, borrow his pen, and on the back of the menu listed four things that money could not buy: a baby's smile; youth after it is gone; the love of a good person; entrance into heaven. Without another word the business mogul handed over the check.

Yes, it is important to understand what money can do, but it is just as vital to comprehend what money *cannot* do.



The seven weeks that begin following Tishah B'Av (August 6-7) and lead us into Rosh HaShanah and the new Jewish year is the time for us to start reflecting on our lives. As part of that reflection, we might consider what our goals in life are, what our relationship to money has been, and how these two things intersect.

Such reflection will help us with the continued development of the skill of knowing how to spend wisely both our money and our time. Let us consider:

We spend more money on eye make-up than on research. This suggests that we are more interested in how we look rather than how we see.

We spend more time watching videos on social media than we do reading. This suggests that we would rather be entertained than challenged to think.

We spend more energy in managing our money than in making life worthwhile. This suggests that we are more concerned with our finances than our feelings.

Here is my list of 108 things money cannot buy. This is 18 (*chai* or “life”) x 6 (days of the week).

admiration	ethical choices	home	love	resilience	social intelligence
appreciation	fairness	honesty	love of learning	resoluteness	spirituality
bravery	feeling appreciated	honor	loyalty	respect	talent
character	flexibility	hope	manners	religiosity	teamwork
charm	forgiveness	humanity	mazell/luck	second chance	temperance
class	friendship	humility	mindfulness	self-awareness	time
clear conscience	godliness	humor	motivation	self-control	transcendence
common sense	good health	inner beauty	new beginnings	self-discipline	true friends
community	good idea	inner peace	open mind	self-esteem	trust
compassion	good judgment	integrity	passion	self-reliance	trustworthiness
confidence	good karma	intimacy	patience	self-regulation	truth
contentment	good memories	justice	peace (shalom)	self-reliance	a 25-hour day/more time
courage	a good name	kindness	perseverance	selflessness (altruism)	wisdom
creativity	graciousness	leadership	perspective	sense of humor	work ethic
curiosity	gratitude	learning	piety	sense of purpose	work-life balance
derekh erez (decency)	grit	life	positive attitude	sense of responsibility	your place in the world
emotional steadiness	healthful relationships	life satisfaction	prudence	serenity (calm)	youth
empathy	holiness	life well-lived	quality time with others	sh'lom bayit (family bliss)	zest

Perhaps we can pick seven and reflect and work on these during the seven weeks before the New Year, so that the New Year might be a year of goodness and a year of blessing.

May we learn to spend our resources with good judgment, our energy thoughtfully, and our time wisely. As a result, may this coming New Year be one that matters.

Rabbi J.B. Sacks

Message From

Brenda Rich



Greetings:

I apologize for starting on a sad note but I know we all want to extend our deepest condolences to Janice Aharon-Ezer and family on the loss of Amnon-Aharon Ezer, beloved husband and father. See elsewhere in the Migdalor more information.

This coming weekend services will be held on Friday, August 5th at 8 p.m. and Saturday, August 6th at 10 a.m. These services will be at CAH and live-streamed.

Services for Erev Tisha B'Av will be on Saturday night, August 6 at 8 p.m. and services for Tisha B'Av will be on Sunday, August 7 at 10 a.m. These services will be on Zoom and you will be receiving a link.

Our Migdalor and website is crammed full of vital information for our upcoming High Holy days, which will be here before you know it. So, plan ahead and fill out these forms now and mark them on your calendar.

You will be receiving your High Holy Day information packet in the mail. But you are getting advance notice.

We ask your cooperation in returning them as soon as possible.

All services for Rosh HaShanah and Yom Kippur will be held at CAH and while we will be live-streaming these services, your presence in person is most desired

.
Our apples and honey fundraiser form was sent to you in an email and is elsewhere in the Migdalor as well a very well informed article. So join in this mitzvah and help CAH. Here's to seeing you at Shul.

Shalom,
Brenda

IT'S APPLES AND HONEY TIME!

Rabbi Shimon Apisdorf¹ explains that an apple tree grows differently than other fruit trees. “On most fruit trees the leaves appear before the fruit, thus providing a protective cover for the young fruit,” he writes. “The apple, however, makes a preemptive move by appearing before the leaves. The Jewish people are compared to an apple because we are willing to live out our Jewish lives even if this seems to leave us unprotected.” Rabbi Apisdorf also suggests dipping apples in honey represents a symbolic bee analogy. “A bee can inflict pain by its sting, yet it also produces delicious honey,” he writes. “Life has this same duality of potential. We pray that our choices will result in a sweet year.”

Most Ashkenazi Jews will partake of apples and honey during Rosh Hashanah. A sweet apple is dipped into even sweeter honey offering the hope for an especially sweet and good new year.

Congregation Am HaYam is again helping you by providing an opportunity to wish others “*L’shanah Tovah*” (“For a good year”) with a gift basket containing apples, honey, and other goodies. Not only will you be able to send your token of friendship but you will be participating in the tradition of dipping apples in honey to begin the year with sweet wishes and hopes. Each recipient will receive the goodies along with the blessings associated with the home ritual, enabling them, with family and friends, to express their joy in and hope for the New Year. Each will receive one basket with all the names of those who purchased it attached. A short explanation will also be included. Your gift will enhance one’s celebration of Rosh HaShanah and help to raise funds for CAH. Please look for the order form elsewhere in this issue of the *Migdalor* for costs and other information. For questions, please feel free to contact Fran Lande at fblande@gmail.com or Brenda Rich at brenda.bashful16@gmail.com. Thank you for your participation.

Fran Lande on behalf of Apples, Honey & More
Subcommittee of the Ways & Means Committee



¹ Apisdorf, Rabbi Shimon. [“Seven Questions People Ask about Rosh HaShanah.”](#)

CONGREGATION AM HAYAM

APPLES & HONEY 2022

Yes, I would like to participate in the CAH Apples and Honey program

Please return by September 1st. All bags will be delivered. Deliveries will be September 14th - September 23.

Name: _____ Phone Number _____

Price: 1-4 Apples & Honey \$ 20 each; 5 or more Apples & Honey \$ 18 each;

Entire Congregation \$ 136;

Entire Congregation plus additional Apples & Honey is \$ 136 plus \$15 each additional

I would like to order one for the whole congregation. \$ 136 \$ _____

I would like to order an Apples & Honey for the following CAH members:

Name _____

Name _____

Name: _____

I would like to order an Apples & Honey for the following non-members:

Name: _____

Address _____

Name: _____

Address _____

Name: _____

Address: _____

Please attach another piece of paper for additional orders if necessary.

Total number Apples & Honey ordered _____ at \$ _____ each \$ _____

TOTAL \$ _____

Please make checks payable to **Congregation Am HaYam** and mail to

Ruth Resnick
2578 Neptune Pl.
Port Hueneme, CA 93041



CELEBRATE THE HIGH HOLY DAYS

On Monday September 26, 2022
Rosh HaShanah Luncheon
after services at CAH

Tashikh "casting of our sins" will
Follow Luncheon and
will be at the home of Brenda Rich

All Ages Welcome

Community Break the Fast
Wednesday October 5th, 2022
7:30 PM at CAH

PLEASE R.S.V.P.

BY

September 15th 2022

Check Payable to: CAH

Mail to:

Brenda Rich
4030 Nice Court
Oxnard, CA 93035

Price for Both Events

\$36.00 Per Person

Price for
Rosh HaShanah
Luncheon
Only

\$20.00 per Person

Price for
Break the Fast
Only

\$22.50 Per Person

AM HAYAM HIGH HOLY DAY SCHEDULE AND ATTENDANCE FORM, 2022

Dear Am HaYam'er,

We are excited that the High Holy Days are soon upon us. We plan to host services in our CAH Home. In addition, we will be offering these services via livestream. We need to know when you will be attending services in person and when by livestream, for several reasons. We will be able to more effectively assign High Holy Day honors, and we will be able to send the link for live-streaming to those who will be using it.

Whether you attend in person or live-stream, please note that you will need a High Holy Day Machzor (prayer book) and our Additional Readings booklet. If you will be attending live-stream and need either or both of these, please let us know.

Please let us know if you wish to buy a Mahzor (\$45) or want us to loan you one.

Please complete this form and return it by SEPTEMBER 9 to:

Congregation Am HaYam
4839 Market St. Unit C
Ventura, CA 93003

Name _____

Service	Date & Time	Number Attending in Person at CAH (Fill in)	Number Attending by Live-Stream
ROSH HASHANAH			
Erev Rosh HaShanah (First Evening)	Sunday, Sept 25 6:30 p.m.		
Rosh HaShanah, First morning	Monday Sept 26 9:00 a.m.		
Rosh HaShanah, Second morning	Tuesday, Sept 27 9:00 a.m.		

HIGH HOLY DAY TICKET REQUEST FORM, 2022

Our current policy grants each Family membership two free tickets when dues for the coming year are paid, in full or in part. Singles receive one ticket. In addition, we offer free tickets to newly married couples, members of armed forces, high school and college students, and honorary members (including dependent children living with you in all categories listed above).

Tickets for additional relatives, guests, Associate Members and their family members are **\$125.00 each**. Payment should be mailed on or before **SEPTEMBER 9**.

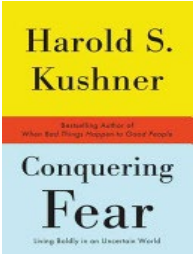

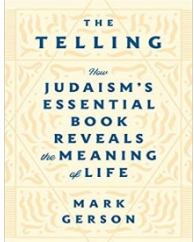
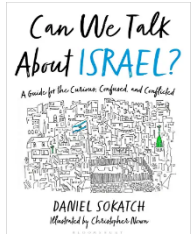
Please list any additional relatives and guests who need tickets. Associate Members should list themselves as well:

Nonmember/s, Relatives, Guests, Associate Member/s	# of Tickets	Email	Phone Number	Amount (\$125 per ticket/person)
TOTAL				

Please return this form with payment by September 9 to:

Congregation Am HaYam
4839 Market St., Unit C
Ventura, CA 93003

**SIGNIFICANT JEWISH BOOK CLUB
 CONGREGATION AM HAYAM
 FOUR WEDNESDAY EVENINGS, 7 PM VIA ZOOM**

<p>WEDNESDAY, NOVEMBER 16, 2022</p>		<p>From the #1 bestselling author of <i>When Bad Things Happen to Good People</i>, this book is about fear--and what we can do to overcome it. Here Rabbi Harold S. Kushner teaches us to confront, master, and even embrace fear for a more fulfilling life.</p>
<p>WEDNESDAY, JANUARY 11, 2023</p>		<p>Leon Uris's novel is set in the midst of the ghetto uprising that defied Nazi tyranny, as the Jews of Warsaw boldly met Wehrmacht tanks with homemade weapons and bare fists. Here is the compelling story of one of the most heroic struggles of modern times.</p>
<p>WEDNESDAY, MARCH 15, 2023</p>		<p>God didn't design the Seder to put your kids to sleep. Instead, the Seder is an experience your family should love, treasure and remember. <i>The Telling</i> will enable you to see what the Haggadah really is: The Greatest Hits of Jewish Thought. Here Mark Gerson shows us how to make the Seder the most engaging, inspiring, and important night of the Jewish year.</p>
<p>WEDNESDAY, MAY 10, 2023</p>		<p><i>Can We Talk About Israel?</i> is an easy-to-read yet penetrating and original look at the history and basic contours of one of the most complicated conflicts in the world. Daniel Sokatch is supremely well-versed and explains both sides in this primer on Israel and the Israeli-Palestinian conflict for a new generation and a new time.</p>

**FOR MORE INFORMATION, PLEASE CONTACT LIFE-LONG LEARNING CHAIR FRAN LANDE @
fblande@gmail.com**

www.CongregationAmHaYam.com

August: Get in on All the Excitement Here at CAH!

Here at CAH we offer an extensive set of ongoing, recurring events. In fact, there are often seven events each week! Some months we offer special items.

Having regular opportunities to be together, to learn, to pray, to sing, to share has been very nurturing of all of us during this pandemic and has strengthened us as a community. We are proud of all these offerings and are grateful to all the event leaders. Thank you! Brenda sends out the link for the Zoom or YouTube link ahead of time, so that it will be towards the top of your Email inbox. Services are coordinated by Rabbi Sacks; all other events are coordinated by our Life-Long Learning Chair, Fran Lande. If you have questions about our non-service offerings or have suggestions for other events, please contact Fran. Please contact fblande@gmail.com

EVENT	LEADER	DAY and TIME	DATES
Erev Shabbat (Friday night) services	Rabbi Sacks	Fridays, 8 p.m. at CAH and Streaming.	August 5, 19
Shabbat (Saturday) morning services	Rabbi Sacks	Saturdays 10a at CAH and Streaming	August 6, 20
Erev Tish'a B'Av on Zoom	Rabbi Sacks	Saturday 8p on Zoom	August 6
Tish'a B'Av on Zoom	Rabbi Sacks	Sunday 10a on Zoom	August 7
Board Meeting (Via Zoom)	Brenda Rich	Sunday 11a on Zoom	August 14
Ritual Meeting (via Zoom)	Neal Abramson	Sunday 10a on Zoom	August 14

CLASSES RETURN IN THE FALL.



Tributes

Cookie Eichner to Fran Lande as a get well wish
Ruth Resnick to Alma Boronkay in memory of the passing of your
granddaughter Emily Boronkay.

In Memory Of

Florence Beck IMO Sarah Grace Paynter
Cookie Eichner IMO Arnie Rich
Ruth Resnick IMO Jeanette Kirsch
Brenda Rich and Mark Rich IMO Arnie Rich
Miriam Rubinstein IMO Rabbi Moishe Rubinstein
Judith Zuckerman IMO Rabbi Gerald Hanig

Trees For Israel

Elaine Hanig IMO Jerry Fishman

Birthdays

Miriam Mack 8/15
Sheila Myles 8/30

Get Well

Fil Barton

Alma Boronkay

Eva Lowe

Sheila Myles

Lee Rothschild

Herb Stein

Bob Berman

Steven Goch

Fran Lande

Judy Newberger

Dianne Ruthman

Nancy Stein



Rabbi Sacks, the Board of Directors and membership of CAH very saddened to report that Amnon Aharon-Ezer, beloved Husband of Janice and Father of Mayan, Eli and Talia passed away Thursday night. He suffered a massive heart attack last week. Funeral and Shiva will be held in Israel where many in Amnon's family are interred. You will be advised of any future remembrances.

Amnon will always be remembered for his warmth, friendliness, and great hugs. He was a great chef also and provided great food for Am HaYam's "Tastes of" plus more. He was always there to give a helpful hand whenever it was needed. He will be missed. May his memory be for a blessing.

Yahrzeit

Friday, August 5 & Saturday August 6

Freida Fingerhut, Mother-in-Law of Neil Fingerhut

*David Perlmutter, Father of Buddy Perlmutter

Fred Rosen, Husband of Bev Rosen

*Leon Lebman, Brother-in-Law of Lois Lebman

Alexis Rothschild, Father-in-Law of Lee Rothschild

Friday, August 19 & Saturday, August 20

*Amy Kundel, Cousin of Ruth Resnick and Roz and Mort Resnick

*Jeffrey Alan Schonfield, Nephew of Lois Lebman

*David Finkel, Father of Roz Resnick & Brenda Rich and Grandfather of Mark Rich

*Dr. Morris Leventhal, Husband of Judy Leventhal z"l

Janetta Charna Spunt, Grandmother of Fil Barton

Joseph Hacker, Step-Father of Fil Barton

*Charles Gustafson, Father-in-Law of Donna Gustafson

*Joseph Genson, Father of Marina Skuratovsky

CAH Protocols for Moving Back into Our Building

(Revised, February 2022)

Now that the Omicron surge has waned, we look forward to again having services live in our own CAH home. To do so, these are the protocols we will be following. We thank you in advance for helping make our synagogue space warm, welcoming, and safe for all.

1. Everyone must be fully vaccinated to come to services and events held in our CAH home. Proof of vaccination should be shown the first time entering.
2. Social distancing will be maintained. All rows can be utilized.
3. Wearing masks is optional (as all are fully vaccinated).
4. For those who cannot attend services, we will continue live-streaming our services.
5. Service will continue as we have been doing, with aliyot and honors from the front of the Sanctuary, and not from the bimah.

Best Practices/Etiquette Upon Moving Back

Not everyone is equally comfortable with touch at this time, whether it is a handshake, a hug, or a Shabbat shalom kiss. We can express our joy in seeing each other without these, but if it's something any of us want to do, please ASK the person you are about to greet in a physical way first. Please do not take anyone's "NO" as a rejection. Please support everyone in the comfort level in which they find themselves.

ORDERING MEMORIAL WALL PLAQUES AT CAH

Jewish tradition sees memory as a sacred act, allowing us to be inspired by the good in a loved one's life and live more fully in our own days. A yahrzeit plaque allows for a permanent remembrance of a loved one, ensuring that his or her name will be recalled in perpetuity in our congregation. It is very meaningful to see the memorial plaque of your loved one on the High Holy Days, especially at the Yom Kippur Yizkor (Remembrance) service, on the Shabbat close to the yahrzeit, and at other special moments (including Passover, Shavuot and Sukkot Yizkor services).

Names on the plaque are automatically recalled publicly at the Shabbat prior to the yahrzeit at both our Friday night and Saturday morning services just before Mourner's Kaddish.

Ordering a plaque is a wonderful way to pay tribute to that special person or persons of blessed memory.

The current cost of ordering a bronze plaque for the memorial wall is \$360.00 per plaque. If you would like to order two plaques now, the cost will be \$330.00 per name. For 3 or more plaques the cost is \$300.00 per name.

Thank you for considering doing this for your loved ones. Their lives will be remembered and an inspiration to many.

Sincerely,

Brenda Rich

PLAQUE #1–Name of deceased: _____

Relationship _____

Hebrew Name _____ (son/daughter of) _____ and _____

Date of death English

Date of death Hebrew

Before or after sundown _____

PLAQUE #2–Name of deceased: _____

Relationship _____

Hebrew Name _____ (son/daughter of) _____ and _____

Date of death English

Date of death Hebrew

Before or after sundown _____

PLAQUE #3–Name of deceased: _____

Relationship _____

Hebrew Name _____ (son/daughter of) _____ and _____

Date of death English

Date of death Hebrew

Before or after sundown _____

If you have more than three plaques, please place information on additional sheets of paper.

Please mail this form with your check for the amount in full to:
Congregation Am HaYam; Attn: Brenda Rich; 4839 Market St. Unit C; Ventura, CA 93003

August 2022

Av 5782

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		IMO Jerome Kattan IMO Rabbi Moishe Rubinstein			Erev Shabbat Services 8p at CAH Light Candles 7:37p	Shabbat Services 10a at CAH Shabbat end at 8:34p Erev Tish'a B'Av 8p on Zoom IMO Freida Fingerhut IMO David Perlmutter
7	8	9	10	11	12	13
Tish'a B'Av 10a on Zoom		IMO Fred Rosen	IMO Leon Lebman		Light Candles 7:30p IMO Alexis Rothschild	Shabbat end at 8:26p
14	15	16	17	18	19	20
Ritual Meeting 10a on Zoom Board Meeting 11a on Zoom					Erev Shabbat Services 8p at CAH Light Candles 7:22p	Shabbat Services 10a at CAH Shabbat end at 8:17p
21	22	23	24	25	26	27
IMO Amy Kundel	IMO Jeffrey Alan Schonfield	IMO Morris Leventhal	IMO David Finkel		Light Candles 7:13p	Shabbat end at 8:08p IMO Janetta Charna Spunt
28	29	30	31			
IMO Joseph Hacker	IMO Charles Gustafson		IMO Joseph Genson			



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Isidro Lucero



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PAST PRESIDENTS

Mort Resnick
Arnie Fingerhut z'l
Jerry Ruthman z'l
Peter Shack z'l
Brenda Rich

OUR VOLUNTEERS

Kiddushim - Brenda Rich
Oneg Shabbat - Fil Barton
Librarian - Donna Gustafson
Tributes - Lois Lebman
Purchasing - Ruth Resnick
Yahrzeits - Bev Rosen
Migdalar - Mark Rich
Webmaster - Mark Rich

Rabbi J.B. Sacks

rabbijbsacks@gmail.com Phone # 323-387-0096

BOARD OF DIRECTORS

PRESIDENT Brenda Rich

brenda.bashful16@gmail.com Phone # 805-469-0268

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RITUAL VP- Neal Abramson

LIFE-LONG LEARNING CHAIR -Fran Lande

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Lee Rothschild
Mark Rich
Alma Boronkay